

About the Next Issue

The *Future Health Journal* is accepting articles for a special thematic issue focusing on cardiometabolic diseases to be published in January 2025. Cardiometabolic diseases are a group of chronic conditions that affect the heart and metabolism. These conditions include coronary artery disease, stroke, diabetes, metabolic syndrome, and metabolic dysfunction associated with steatotic liver disease. Various factors responsible for cardiometabolic diseases are obesity, dyslipidemia, hypertension, and insulin resistance. In addition, a sedentary lifestyle, the presence of diabetes mellitus, hepatic steatosis, ectopic fat, and inflammation greatly contribute to the interaction and emergence of cardiovascular and metabolic diseases.

Optimizing cardiometabolic health will necessitate a comprehensive, coordinated, and patient-centered effort comprising multilevel collaborations among clinicians, policymakers, and researchers all over the world. It will also require interdisciplinary treatment, integrated obesity management, consideration of social determinants of health, and access to affordable care in order to reduce the risk and progression of cardiometabolic disease.

In order to reduce this knowledge gap, we are pleased to invite submissions from national and international researchers for the upcoming special issue of *Future Health Journal*, focusing on cardiometabolic diseases and interventions to prevent and manage them. Key topics of interest are hypertension, dyslipidemia, stroke, atherosclerosis, links between cardiovascular health and obesity/diabetes/metabolic-associated disease, metabolic diagnostics (e.g., biomarkers, tools, etc.) in cardiometabolic diseases, metabolic therapeutic, preclinical or clinical trials in the cardiometabolics, and more. Submissions can be in the form of original articles, review articles, case reports, pictorial essays, and letters to the editor.

We urge all to actively contribute to the journal and share their valuable research with the medical fraternity for increasing advancement in medical education.

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